

Connect Group Notes

Sermon: Grow Well: Growing in Christ

Reading: Ephesians 4:1-16

Date: 6th September 2026 (AM)

Review

- What have you read this week in God's Word that encouraged or challenged you?
- What answers to prayer have you seen?
- Have you had opportunities to talk to someone about the Lord?
- Spend a few minutes sharing personal prayer requests and pray for one another.

Read Ephesians 4:1-16

Unity (verses 1-6)

1. Verses 1-6. Why is unity so fundamental to our identity as Christ's Church?
2. It is the mark of a healthy church that each of us makes every effort to 'keep the unity of the Spirit through the bond of peace' (verse 3). We may be quick to spot the ways that others cause anxiety or upset to us, but are we aware of the dangers we ourselves pose to others? 'The greatest danger to church unity is my own sin'. How do you respond to that statement?

Diversity (verses 7-13)

3. How do verses 7-13 support the vision of 'every member ministry'?
4. How does a church grow in a healthy way, according to verses 11-13? What is the role of the pastor-teacher in this? Does this surprise you? This is not the only thing a pastor-teacher does, of course, but it should be the main thing. (See also Acts 6:1-4, 7, for example). Why is that?

Maturity (verses 14-16)

5. What do verses 12-16 teach us about the characteristics of the maturity or immaturity of a church?

Pray

- How has the Lord particularly spoken to you in this passage? Pray in response to it now.
- Pray that over the next months we will work hard to keep our unity as we consider the ways we respond to growth.
- Pray that we will grow together in maturity and Christlikeness.