

# Connect Group Notes

Sermon: God isn't just for Sundays

Reading: Ephesians 4:17-5:2

Date: 1<sup>st</sup> March 2026 (AM)

*What encouragements / answers to prayer / opportunities have you had this week? Spend a few minutes sharing personal prayer requests and praying for one another.*

## **Read Ephesians 4:17-5:2**

### ***Reject Your Old Life (verses 17-19)***

What does Paul insist on in verse 17? Upon whose authority?

In verses 20-21 Paul contrasts the truth that is in Jesus with the futility of life and thought outside Him (verses 17-19). Why must we no longer live like everyone around us?

### ***Renew Your Inner Life (verses 20-24)***

Paul doesn't want us to have a merely cerebral Christianity. (After all, the passage ends in a very practical way). So why does he emphasize our thoughts and understanding in these verses?

Are you growing in your understanding of Christ and what He has done for us? How can we help one another to grow in our understanding and to think about life more 'Christianly'?

How should the knowledge of our new identity determine our attitudes and behaviour as church members? (verse 24. See also 2:14-15).

### ***Replace your Outward Life (verses 25-5:2)***

Paul tells us to put off old patterns of behaviour and put on new behaviour in their place. In our journey to becoming more like Christ why is it important to do this 'replacing'?

Who are we now in Christ (5:1-2)? What should it look like to live out that new identity?

Is there an attitude or behaviour that you're finding hard to change at the moment?

How can we help one another in our Connect Group to make progress in these areas?

## **Pray**

Pray for one another in light of this passage. Are there specific things we can pray for one another?

Pray for those continuing to do the Alpha course.

Pray also for the appointment of a new Music Minister and Seniors Pastor.