

## All Saints Lindfield Under 18s One-to-One Policy

The following policy is based on advice from Chichester Diocese and was agreed by All Saints' Lindfield PCC on 20/05/2024.

There are occasions when one-to-ones with young people are advantageous. A one-to-one is an intentional conversation between two people. This might include: studying a book of the Bible, discussing a particular issue, praying together, or planning services. The small setting provides a forum for deeper sharing as well as more specific spiritual guidance and advice. These guidelines aim to protect youth and leaders at All Saints' Church.

- Leaders undertaking to meet with young people one-to-one will have completed C2 leadership training (Or, if the young person is over 18 but still in college, at least C1 is needed).
- Before agreeing to meet up with a young person for mentoring or pastoral support consent must be sought from safeguarding team and parent(s) or guardian.
- In most instances one-to-ones would serve a short-term purpose. This is especially desirable to avoid long term dependencies that could develop into problematic relationships. For this reason, when a one-to-one relationship exceeds 6 meetings, the situation will be discussed with safeguarding team.
- One-to-ones must take place in a public place with others around. This could be; in a coffee shop, on a walk, or in a building with another adult around and the door open. The choice of location should be given to the young person to offer them control of the situation.
- One-to-one meetings must be with members of the same sex.
- Always inform parent(s) or guardian of the young person (i.e., text, Whatsapp, or email) when a meeting is beginning and when it ends.
- All one-to-one meetings must last no longer than 1 hour and be completed before 9 pm.
- Please ensure that the times, dates and places of any meetings with a young person are recorded in your diary.
- If a disclosure of abuse is made during a one-to-one meeting with a young person, or if you have any concerns, please refer to the safeguarding guidelines and follow its procedure.

**Rev. Benjamin Lucas (Associate Vicar)**