

Connect Group Notes

Sermon: Why do I feel at war with Myself?

Reading: Romans 7:7-25

Date: 16th June 2024 (AM)

Introduction

Have you had any answers to prayer in the last week? Any opportunities to talk to someone about the Lord? Any encouragements from your Bible reading? Spend a few minutes sharing personal prayer requests and pray for one another.

Bible Study

[Leaders, no questions suite every small group. Please adapt them to your own group]

In his letter to the Christians in Rome Paul has been setting out the international gospel: Every human being – whether Jew or Gentile – is by nature under the judgment of God. But God will save every human being – whether Jew or Gentile – if they simply trust in His Son.

Given some of the things he's said earlier about the Jewish Law (e.g. Rom. 5:20; 6:14; 7:5) Paul now anticipates a possible objection that a Christian from a Jewish background might raise, namely whether the ancient Law of Moses was in fact a bad thing.

Read Romans 7:7-13

In these verses Paul looks at his old life before he became a Christian.

1. 'The Law exposes sin. Sin exploits the Law'. Can you expand on this from these verses?
2. Has the Holy Spirit ever convicted you when you've read God's Word? Can you share that with the rest of the group?

Read Romans 7:14-25

Paul turns from looking at his past experience before conversion, to his present experience of being a Christian.

3. What positive things does he say about himself as a Christian? (Look on into the start of chapter 8 too). What negative things does he say? How can these both be true at the same time?
4. What is Paul looking forward to in verse 25a? (See also Rom. 8:23; 13:11).
5. How would you encourage a younger Christian who was feeling condemned that they are still battling against the same sins?

Prayer

What is one lesson, challenge or encouragement you will take away from this passage? Share it with the rest of the group and pray about it together.